

RSHE KS4 Curriculum Map						
A. Formal Curriculum Key Stage 4						
Core Content & Skills	By the end of KS4, students of RSHE should know: <ul style="list-style-type: none"> • Futures/careers and post 16 • Relationships • Financial matters/budgeting and debt • Influences on their health and wellbeing. • They will have the skills to know and deal with certain situations whether them or somebody else. 					
Prior Knowledge & Skills	In KS4 students will build on prior knowledge from the KS3 curriculum that they will have covered the 3 areas of Health and wellbeing, Living in the Wider World and Relationships.					
Future knowledge	The RSHE curriculum in KS4 will prepare students for many different situations in life. It will prepare them to make the right decisions that could impact their lives.					
Year 11	Key knowledge, skills and concepts TAUGHT, REVISED, REVISITED AND LEARNT	Term 1	Term 2	Term 3	Term 4	Term 5
		Health and Wellbeing Building for the future Self-efficacy Stress management Future opportunities	Living in the wider World Next steps Application processes Skills for future education Employment Career progression	Relationships Personal values Assertive communication Sexual Health Contraception Relationship challenges and abuse	Health and wellbeing Independence Responsible health choices Safety in independent contexts	Relationships Families Different families and parental responsibilities Pregnancy Marriage/forced marriages Changing relationships
Year 10	Key knowledge, skills and concepts TAUGHT, REVISED, REVISITED AND LEARNT	Term 1	Term 2	Term 3	Term 4	Term 5
		Health and Wellbeing Mental health Ill Health Stigma Safeguarding health including during periods of transition or change	Living in the wider World Financial decision making The impact of decisions Debt Gambling Impact of advertising on financial choices	Relationships Healthy relationships Sex expectations Myths, pleasure and challenges Impact of media and pornography	Health and wellbeing Exploring influences Influences and impact of drugs, gangs, role models and the media County lines	Relationships Addressing extremism and radicalisation Communities, belonging and challenging extremism Religion and issues in society
	Key assessment points	Assessment on-going and of term review	Assessment on-going and of term review	Assessment on-going and of term review	Assessment on-going and of term review	Assessment on-going and of term review



B. Holistic development via Enrichment/Personal Development Curriculum/Digital Literacy

- Students are given websites/links to different organisation if they would like to go into more depth in the topics covered
- RSHE days



RSHE KS3 Curriculum Map							
A. Formal Curriculum Key Stage 3							
Core Content & Skills	<p>By the end of KS3, students of RSHE should know:</p> <ul style="list-style-type: none"> • Drugs, alcohol and smoking effects • Relationships emotions and sex education/puberty • Employable skills and future careers • Social media and digital literacy • Influences on their health and wellbeing. <p>They will have the skills to know and deal with certain situations whether them or somebody else.</p>						
Prior Knowledge & Skills	<p>In KS3 students will build on prior knowledge from the KS2 curriculum that they will have covered the 3 areas of Health and wellbeing, Living in the Wider World and Relationships.</p>						
Future knowledge	<p>The RSHE curriculum in KS3 will prepare students for many different situations in life. It will prepare them to make the right decisions at the right time that could impact their lives.</p>						
Year 9	<p>Key knowledge, skills and concepts TAUGHT, REVISED, REVISITED AND LEARNT</p>	<p>Term 1</p> <p>Health and Wellbeing</p> <p>Peer influences Substance use Gangs Healthy and unhealthy Substance misuse Gang exploitation County lines</p>	<p>Term 2</p> <p>Living in the wider World</p> <p>Setting goals Learning strengths Career options GCSE options</p>	<p>Term 3</p> <p>Relationships</p> <p>Respectful relationships Families and parenting Healthy relationships conflict and resolution Age and age gaps Pregnancy and marriage</p>	<p>Term 4</p> <p>Health and wellbeing</p> <p>Healthy lifestyle and choices Diet Exercise Lifestyle balance First aid Stress and anxiety management</p>	<p>Term 5</p> <p>Relationships</p> <p>Intimate relationships Sex education Consent Contraception Risks of STI's Attitudes to pornography Marriage or civil partnership</p>	<p>Term 6</p> <p>Living in the wider World</p> <p>Employability skills Online presence Future aspirations careers</p>
	<p>Key assessment points</p>	<p>Questioning -ongoing End of section review</p>	<p>Questioning -ongoing End of section review</p>	<p>Questioning -ongoing End of section review</p>	<p>Questioning -ongoing End of section review</p>	<p>Questioning -ongoing End of section review</p>	<p>Questioning -ongoing End of year review</p>
Year 8	<p>Key knowledge, skills and concepts TAUGHT, REVISED, REVISITED AND LEARNT</p>	<p>Term 1</p> <p>Health and Wellbeing</p> <p>Drugs and alcohol Drug misuse Pressures to drug use and vaping</p>	<p>Term 2</p> <p>Living in the wider World</p> <p>Community and careers Equality in careers Life choices Different types of working patterns Post 16 and pathways to future</p>	<p>Term 3</p> <p>Relationships</p> <p>Discrimination in all forms Racism Religious discrimination Disability discrimination Sexism Homophobia Protected characteristics</p>	<p>Term 4</p> <p>Health and wellbeing</p> <p>Emotional wellbeing Mental health Emotional health Body image Coping strategies Relationships short and long term Marriage and pregnancy</p>	<p>Term 5</p> <p>Relationships</p> <p>Identity and relationships Gender identity Sexual orientation Consent Sexting Contraception</p>	<p>Term 6</p> <p>Living in the wider World</p> <p>Digital literacy Online safety Media influences/reliability gambling</p>



	Key assessment points	Questioning -ongoing End of section review	Questioning -ongoing End of section review	Questioning -ongoing End of section review	Questioning -ongoing End of section review	Questioning -ongoing End of section review	Questioning -ongoing End of year review
Year 7	Key knowledge, skills and concepts TAUGHT, REVISED, REVISITED AND LEARNT	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
		Health and Wellbeing Transition and safety Personal safety Relationships First aid	Living in the wider World Developing skills and aspirations Careers Teamwork Enterprise skills	Relationships Diversity Prejudice Bullying Protected characteristics Extremism	Health and wellbeing Health and puberty Healthy routines Influences on health FGM	Relationships Building relationships Self-worth Romance Friendships (Including online) Relationship boundaries	Living in the wider World Financial decision making Savings Borrowing Budgeting
	Key assessment points	Questioning -ongoing End of section review	Questioning -ongoing End of section review	Questioning -ongoing End of section review	Questioning -ongoing End of section review	Questioning -ongoing End of section review	Questioning -ongoing End of year review
B. Holistic development via Enrichment/Personal Development Curriculum/Digital Literacy							
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